

Autumn Winter Menu 2018– 2019

.....Monday.....

Homemade Pizza Margherita Pizza ✓

Homemade Hawaiian, Pepperoni Pizza

Tuna Pasta Bake

Broccoli

Jam Rock Buns

.....Tuesday.....

Chicken Korma Curry

with Jewelled Rice

Vegetable Lancashire Hot Pot ✓

Sweetcorn

Homemade Vanilla & Oat Muffin

.....Wednesday.....

Gammon Steak Roast Dinner

Vegetarian Burger ✓

Apple Sauce, Gravy

Roasted or Mash Potatoes

Carrots & Peas

Homemade Shrewsbury Biscuit & Fruit Wedge

.....Thursday.....

Cottage Pie

Vegetarian All Day Breakfast ✓

Green Beans or Baked Beans

Rice Pudding

.....Friday.....

Cod Portion

Homemade Macaroni Cheese ✓

Oven Baked Chips

Garden Peas

Homemade Chocolate Sponge & Chocolate Sauce

.....Monday.....

Homemade Cheese & Tomato Quiche with Potato Wedges

Homemade Vegetarian Stir Fry ✓

Sweetcorn & Peas

Oaty Peach Crumble & Custard

.....Tuesday.....

Spaghetti Bolognese

Vegetarian Sausage Roll with Tomato Pasta ✓

Homemade Garlic and Herb Bread

Broccoli

Homemade Chocolate Penny

.....Wednesday.....

Chicken Fillet Roast Dinner

Homemade Bubble & Squeak ✓

Parsley Boiled Potatoes, Stuffing & Gravy

Peas & Carrots

Homemade Carrot Cake Muffin

.....Thursday.....

Toad in the Hole with onion Gravy

Butternut Squash and Sweet Potato Curry ✓

Seasoned Diced Potatoes

Cauliflower

Homemade Australian Crunch

.....Friday.....

Bubble Coated Fish Portion

Homemade Vegetarian Cowboy Pie ✓

Oven Baked Chips

Garden Peas or Baked Beans

Toffee Apple Sponge & Custard

.....Monday.....

Homemade Ham & Tomato Pasta Bake

Quorn Dippers & Spicy Wedged Potatoes ✓

Broccoli & Cauliflower

Homemade Cherry Flapjack

.....Tuesday.....

Chicken Crispy Bites

Vegetarian Chilli Con Carne ✓

Vegetable Rice

Green Beans

Sticky Ginger Sponge & Custard

.....Wednesday.....

Homemade Meatloaf

Vegetarian Casserole ✓

Mash Potato

Baked Beans

Homemade Lancashire Cookies and Fruit Wedge

.....Thursday.....

Swedish Meatballs with Seasoned Diced Potatoes

Vegetable Pasta Mornay ✓

Sweetcorn

Baked Chocolate Pudding

.....Friday.....

Salmon & Cod Fish Fingers

Sausage Roll ✓

Oven Baked Chips

Garden Peas

Apple & Cinnamon Muffin

October 2018						
Mon	Tue	Wed	Thu	Fri	Sat	Sun
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

November 2018						
Mon	Tues	Wed	Thur	Fri	Sat	Sun
29	30	31	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	1	2

December 2018						
Mon	Tues	Wed	Thur	Fri	Sat	Sun
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

January 2019						
Mon	Tues	Wed	Thur	Fri	Sat	Sun
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

February 2019						
Mon	Tues	Wed	Thur	Fri	Sat	Sun
28	29	30	31	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28			

March 2019						
Mon	Tues	Wed	Thur	Fri	Sat	Sun
25	26	27	28	29	30	31
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28

April 2019						
Mon	Tues	Wed	Thur	Fri	Sat	Sun
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	1	2	3	4	5

✓ = vegetarian