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# HIGH LANE PRIMARY SCHOOL

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PSHE

## Long Term Overview

At High Lane Primary School, we value every child as an individual and believe it is important for all children to reach their full potential in a happy, supportive and exciting environment. We seek to develop independent learners who are equipped with the necessary skills, knowledge and understanding to thrive within an ever-changing world. We seek excellence and enjoyment in everything we do.

	Autumn Core theme: Relationships			Spring Core theme: Living in the wider world			Summer Core theme: Health and wellbeing		
	Families and friendships	Safe relationships	Respecting ourselves and others	Belonging to a community	Media literacy and digital resilience	Money and work	Physical health and mental wellbeing	Growing and changing	Keeping safe
EYFS/Rec	Who keeps us safe?	How can we look after our friends?	Who are my 'special' people?	How can we look after our school?	How do we use technology?	When do we use money?	What are my super skills and goals? How can we keep clean?	How do we change and grow?	How can we stay safe in our community?
Year 1	Who is special to us?	What do we do when things upset us?	Why should we be kind?	How do we look after each other and our environment?	Why do people use the internet?	Why do we all have different strengths?	What does it mean to be healthy?	What makes me special?	Which rules keep us safe?
Year 2	What makes a good friend?	Is it ok to keep a secret?	What is the same and different about us?	What does it mean to belong?	How do we use the internet every day?	Why do we need money?	How can we stay healthy?	What changes as we grow older?	How can we keep ourselves safe?
Year 3	What does it mean to be part of a family?	What is bullying and can it ever really be stopped?	Why is it important to be respectful?	Why do we have rights, responsibilities and laws?	Is the internet a good thing?	Can you aspire to have any job you want?	Can our diet affect our health?	How do we reach our goals?	What are hazards?
Year 4	How can we be a good friend in person and online?	Is it easy to do the right thing?	Why is it important to treat others equally?	How can we be an active part of our community?	What is the impact of our 'digital' footprint?	Is how we spend our money important?	Why is it important to look after our teeth?	How does puberty affect our bodies?	Are all drugs bad?
Year 5	How can our friends influence us?	How do we deal with feelings of discomfort?	What is discrimination?	How can we look after our environment locally, nationally and globally?	What is the purpose of different types of media?	What does it mean to have 'ambition'?	How can we look after our bodies as we get older?	How does puberty affect our bodies? What makes up a person's identity?	What do we do in an emergency?
Year 6	How do friendships change as we grow?	How can we build and maintain positive relationships?	What does it mean to be a positive role model?	What does prejudice look like today?	How do we manage negativity online?	How do people's attitudes about money differ?	How can change affect our mental health?	How can we prepare for high school? How are babies conceived?	How can we protect ourselves online? Are there risks to taking drugs?

For mixed-age cohorts, the coverage is shown below.

	Autumn Core theme: Relationships			Spring Core theme: Living in the wider world			Summer Core theme: Health and wellbeing		
	Families and friendships	Safe relationships	Respecting ourselves and others	Belonging to a community	Media literacy and digital resilience	Money and work	Physical health and mental wellbeing	Growing and changing	Keeping safe
Harts (EYFS and Rec)	Who keeps us safe?	How can we look after our friends?	Who are my 'special' people?	How can we look after our school?	How do we use technology?	When do we use money?	What are my super skills and goals? How can we keep clean?	How do we change and grow?	How can we stay safe in our community?
Year 1/2	Who are the people who care for us?	What do we do when things upset us?	Why should we be kind?	How do we look after each other and our environment?	How is the Internet used in our lives??	Why do we all have different strengths?	What does it mean to be healthy?	What makes me special?	Which rules keep us safe?
Year 2/3	What does it mean to belong?	Is it ok to keep a secret?	What is the same and different about us?	What does it mean to belong to a community?	Is the internet a good thing?	Why do we need money?	How can we stay healthy?	What changes as we grow older?	How can we keep ourselves safe?
Year 3/4	How can we be a good friend in person and online?	What is bullying and can it ever really be stopped?	Why is it important to be respectful?	Why do we have rights, responsibilities and laws?	What is the impact of our 'digital' footprint?	Can you aspire to have any job you want?	Can our diet affect our health?	How do we reach our goals?	What are hazards?
Year 4/5	How can our friends influence us?	Is it easy to do the right thing?	Why is it important to treat others equally?	How can we be an active part of our community?	What is the purpose of different types of media?	Is how we spend our money important?	Why is it important to look after our teeth?	How does puberty affect our bodies?	Are all drugs bad?
Year 5/6	How do friendships change as we grow?	How can we build and maintain positive relationships with ourselves and others?	What is discrimination?	How can we look after our environment locally, nationally and globally?	How do we manage negativity online?	What motivates people to get a job?	How can we look after our minds and bodies as we get older?	How can we prepare for high school? How are babies conceived?	How can we protect ourselves?